



ALIVELIHOODS
&
SUSTAINABLE
IN A WORLD OF
CRISES



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ലോകത്തെ
ആജീവികളും
ബദലുകളും

FOOD SYSTEMS EDITION | മലയാളത്തിൽ



April 30 - 03 May

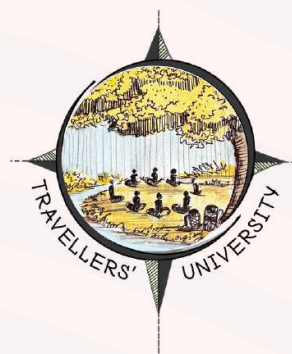
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Metacrisis

Metacrisis is the overarching, **systemic crisis** of our civilisation's underlying operating system, encompassing our failing institutions, outmoded economic models, and limiting worldviews, that generates and interconnects the many acute global crises we face, from ecological **collapse** and technological **disruption** to geopolitical **instability**.

Food Systems

Food Systems refers to the interconnected network of processes and activities involved in producing, gathering, foraging, processing, transporting, consuming, and disposing of food. It encompasses everything from agricultural **practices** to the **policies** and cultural **norms** that influence food availability and nutrition.

While our food systems are deeply affected by the metacrisis, can reimagining our relationship with food be a starting point in responding to the crisis?

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An Invitation

Are you driven to create meaningful change in a world grappling with intersecting crises? Do you question whether justice, sustainability, and fulfillment are truly possible, or dismissed as utopian dreams?

Today's societal frameworks often leave us disillusioned, funnelling us into systems that prioritise extraction over equity, consumption over connection, and survival over purpose. **From ecological collapse and entrenched inequality to hollow education and fractured relationships, our challenges are interconnected, urgent, and deeply personal.** The post-industrial era has amplified these dilemmas, trapping even the privileged in cycles of materialism and existential emptiness. Yet, the hunger for solutions grows louder.

What if alternatives exist? **What if the very systems that feed us—and fail us—could become a starting point for transformation?**

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In this edition of the workshop, we turn to food. The way we produce, distribute, consume, and dispose food sits at the heart of the metacrisis. Agriculture is both deeply affected by climate breakdown, economic inequality, and extractive capitalism, and is a significant driver of these very crises. But **what if reimagining our relationship with food could help heal both people and the planet?**

Together, we will build a foundational understanding of food systems, the interconnected web of practices, policies, and cultural norms that shape what ends up on our plates. **We will critique exploitative models and map alternatives rooted in justice, regeneration, and aliveness.** Through collaborative exploration, fieldwork, and reflective practice, you will be guided toward personal actions and a learning journey that aligns with your values and enquiry.

Join us to confront hard questions, rediscover agency, and explore whether food, something so fundamental to our daily lives, can be the starting point for moving from "*what is*" to "*what could be*."

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Highlights of the workshop

- **Understand the metacrisis through the lens of food**, how overlapping global crises intersect with what we grow, eat, and waste.
- **Map food systems** from production to disposal, uncovering the hidden connections between agriculture, climate, health, and capitalism.
- **Reimagine your plate as a site of agency**, exploring how everyday choices and practices can challenge extractive systems.
- **Explore alternatives grounded in justice and regeneration**, from agroecology and community-led food initiatives to circular economies and food sovereignty.
- **Experience embodied learning** through fieldwork, communal cooking, and shared meals that bring alternatives to life.
- **Design your personal learning journey** that aligns with your values, gifts, and purpose.



About the Host

At **Travellers' University**, we empower learners to delve into the intricate relationships between themselves, the interconnected systems they inhabit, and the rest of nature. Our mission is to broaden perspectives and deepen awareness, guiding learners to recognise their role within a dynamic, interdependent planet.

We immerse our community in a pluriverse of coexisting realities—diverse worldviews, cultures, and ecological wisdom—sparking curiosity and challenging assumptions. Through experiential programmes, learners engage with transformative knowledge and cross-disciplinary tools, nurturing critical thinking and reflection. At Travellers' University, education is not just a journey. It is a catalyst for reimagining and reshaping our shared futures.



About the Host

In a landscape where trust between producers and consumers has eroded, **TAPCo** emerged as a collective response; an extension support system rooted in faith and equity. This Farmer Producer Organisation was built on the conviction that farming must be done differently: with traditional varieties to safeguard seed sovereignty, with organic practices to protect soil and water, and with local farm help to strengthen hinterland economies.

At its heart lies a commitment to climate-resilient agriculture, ensuring that farming communities can adapt and thrive in an era of uncertainty. By working collectively, TAPCo seeks to disrupt exploitative systems and renew a simple social contract: safe food, safe water, and good health for all, while ensuring farmers receive a fair price for their commitment to society.



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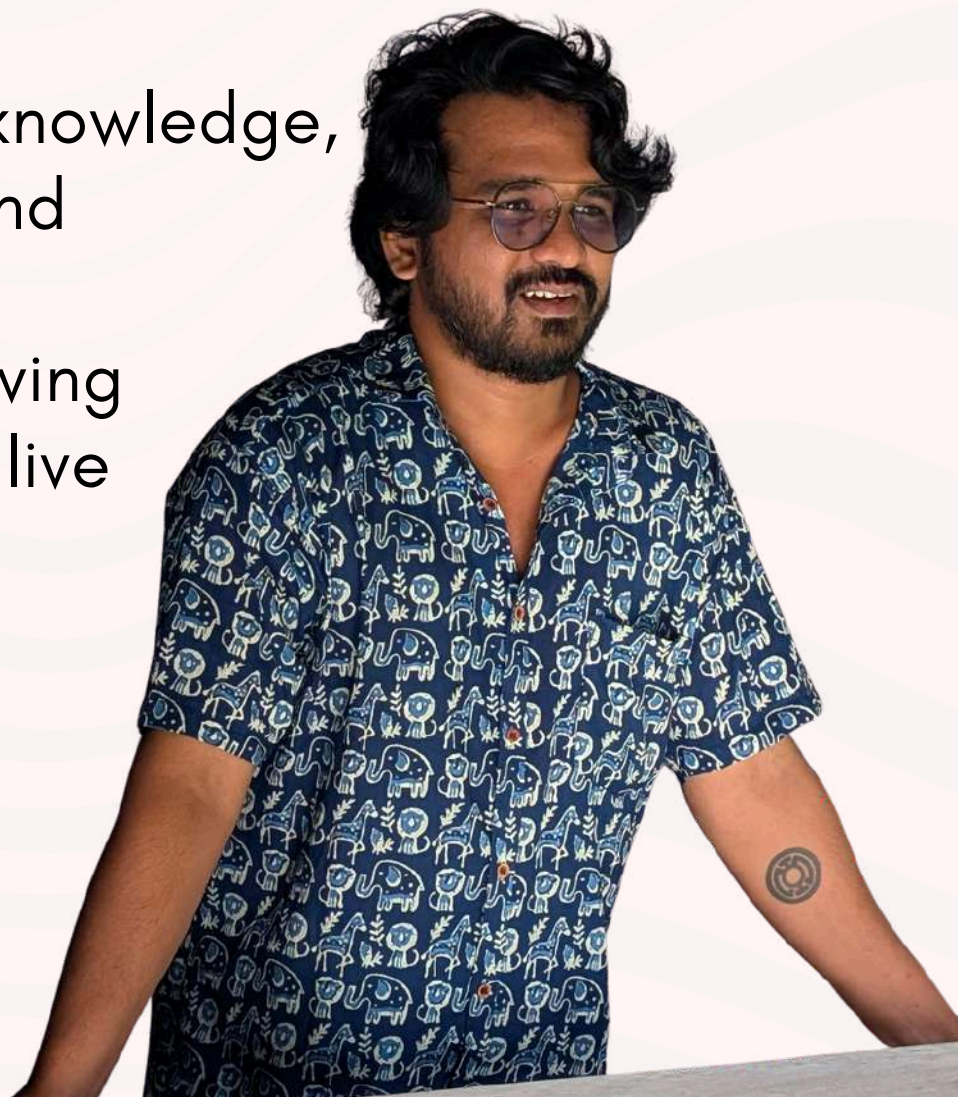


About the Facilitators

Ashik Krishnan is an educator, venture socialist, and weaver of people, communities and stories. Ashik is the co-creator of *Travellers' University*, where he designs and facilitates various experiential learning programmes oriented towards imagining an inclusive and just world.

Ashik is also the co-creator of *Learning City Thrissur*, which promotes an active citizenry in Thrissur, Kerala, and of *Keeday*, a micro-solidarity forum for youth working on socio-environmental projects. Ashik is associated with *Vikalp Sangam*, a platform to bring together movements, groups and individuals working on pathways to human and ecological wellbeing.

A proponent of democratising knowledge, he actively works on curation and documentation of knowledge. Working on new ideas and weaving youth networks make him feel alive and present.



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About the Facilitators

An ecologist by qualification and a firm believer in the collective pursuit of sustainable farming and rural livelihoods, **Rajesh Krishnan's** journey into the hinterland of Kerala, in his own words, "is the dream of many, that he gets to live".

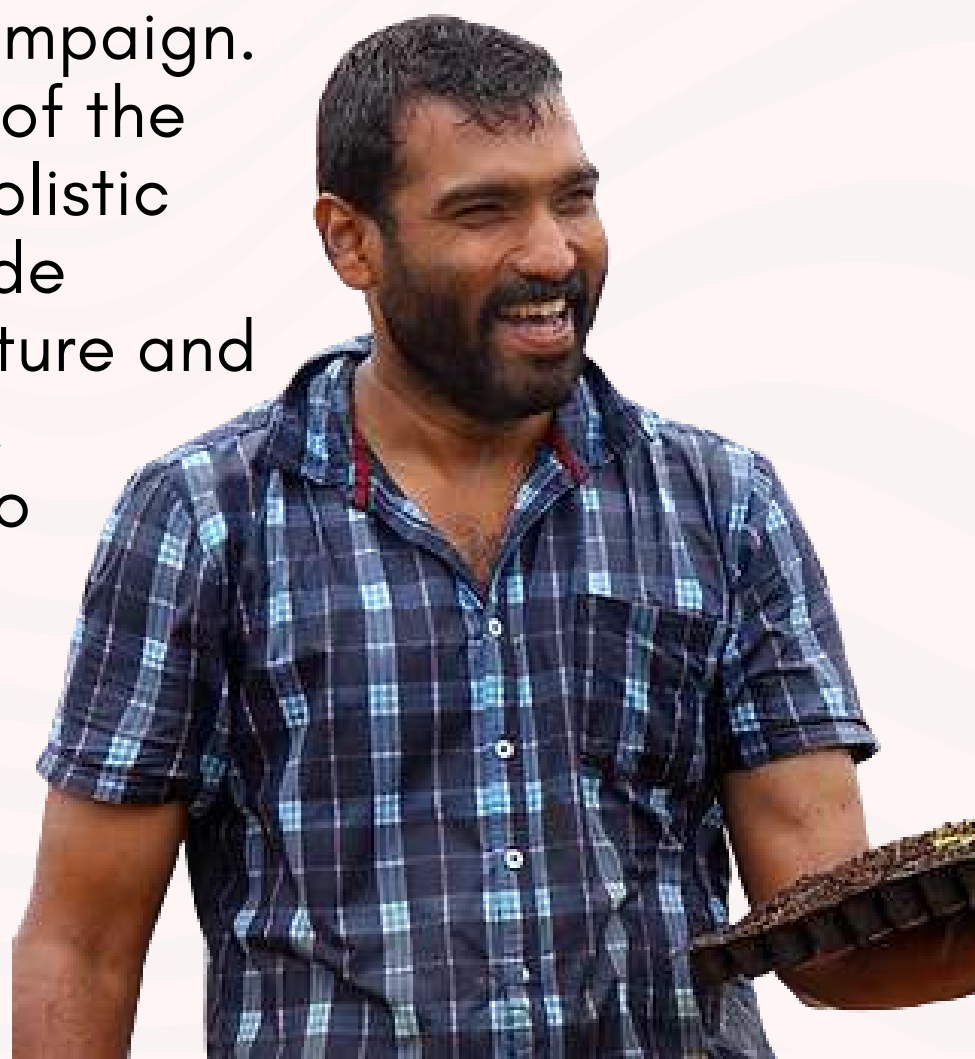
His desire to build bridges between agricultural and environmental practices and policies leads him to prioritise the farm and the various working/policy groups at the gram panchayat and national levels equally. For his inspiring contributions to farming, he was awarded the State Youth Icon award in 2017 by the Kerala State Government.

Before moving to Wayanad in 2015, he worked with Greenpeace India for 10 years in various capacities in the Sustainable Agriculture Campaign. Rajesh is in the steering group of the Alliance for Sustainable and Holistic Agriculture (ASHA), a nationwide network on sustainable agriculture and sustenance of farm livelihoods. He has been the CEO of TAPCo since its inception.

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